Youth Volunteer Guide

Edited 8/8/14

Detailed Descriptions of Youth & Teen Volunteer Opportunities in Orange County
**Step One**
Think about how you would like to volunteer. Consider your interests and how you like to spend your time, and then decide where you would like to help. For example, maybe you play the piano and would like to perform at a Senior Center.

**Step Two**
Look through this guide and find the volunteer jobs that match your interests, needs, and qualifications. Check if you can get transportation to the agency from your home or school. Note that many agencies are on or near bus lines. Please check that you meet the organization’s minimum age requirement. Sometimes you may meet the age requirement and will still need to bring an adult.

**Step Three**
Call or email the organization. Ask to speak to the volunteer coordinator or whoever is listed. Introduce yourself and explain why you are contacting them. Volunteer coordinators are often very busy, so you may have to leave a message. If they do not get back to you in a couple of weekdays, try again. If you have to leave a message on their voice mail, speak slowly and clearly and be sure to leave your name and phone number so they can reach you.

Here is an example of what you could say as a message:
- “Hi my name is (your name) and I am a student at (name of your school). I read about your organization in OneOC’s “I Can Volunteer Guide to Youth Volunteer Opportunities” and am interested in finding out about volunteer opportunities at your agency. I would appreciate it if you could call me back. I can be reached at (your phone number with area code) after (time when you are home). Thank you.”

**Step Four**
When you speak to the volunteer coordinator, tell him/her a bit about yourself and why you want to volunteer. Ask some of the following questions to ensure a good match.

Here are some questions you might want to ask:
- What does your organization do?
- Whom do you serve?
- What type of work will be done as a volunteer?
- Can you mail or e-mail me a job description or brochure?
- Do you provide training?
- Who will be my supervisor?
- Where are you located? (Is it close to my home or school?)
- When do you need help? (Does it fit your schedule?)

**Step Five**
Ask for an appointment to visit the organization. By visiting the organization, you will get a better understanding of what it would be like to work there. The volunteer coordinator may also want to interview you before you start. When you make the appointment, write down the day and time and get clear directions on how to get there. Arrive for your interview early.
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Helpful Information

- If the contact name has changed, ask for the volunteer coordinator. If the position no longer exists, tell them why you are calling and asked to be directed to the appropriate staff member.
- Understand that budget cuts have eliminated many positions and it may take a while to hear back from the agency.
- If at first you do not succeed, try, try again! Finding the right fit does not happen over night.
- Information current as of October, 2011.
- Volunteers should contact the agencies directly, not OneOC.
- For more volunteer opportunities, contact your local branch of the public library, or the local United Way office.
- Please use this directory for volunteer purposes only.
- Thank you for your interest in volunteering.
COUNTYWIDE

**Adopt-A-Park Program**
[www.ocparks.com](http://www.ocparks.com)

**Contact Person:** Angeline Soto  
angeline.santiago@occr.ocgov.com

**Minimum Age:** none  
**Adult Supervision required:** Yes (under 15)

**Groups:** Yes  
**Min/Max Size:** Varies

**Volunteer Opportunities include:** Beach and lake clean ups, tree plantings, removal of non-native habitat, trail maintenance, gardening, painting, research projects and staffing of nature centers

**Time Commitment:** Time commitment varies from project to project.

**American Cancer Society**
[www.cancer.org](http://www.cancer.org)

**Contact Person:** Shannon Fowler  
shannon.fowler@cancer.org

**Minimum Age:** 13  
**Adult Supervision required:** Varies

**Groups:** Yes  
**Min/Max Size:** No maximum size

**Volunteer Opportunities include:** Creating posters, campaigns, youth clubs (school health), help with Teens Kick Ash program, Relay for Life program, health fairs, work on programs, help to collect signatures, internships available.

**Time Commitment:** None

**American Red Cross of Orange County**
[www.oc-redcross.org](http://www.oc-redcross.org)

**Contact Person:** Madleyn Spiegelberg  
madleyn.spiegelberg@redcross.org

**Minimum Age:** 13  
**Adult Supervision Required:** No

**Groups:** Yes  
**Min/Max Size:** Varies upon project

**Volunteer Opportunities include:** A wide variety of volunteer opportunities throughout the year, including disaster preparedness education, community fairs and events, and high school clubs. Please attend our youth volunteer monthly meetings held on the first Wednesday of every month from 6pm-7:30pm to hear about how to volunteer.

**Additional Information:** Most programs focus on youth educating their peers in the community. Call or email us at [youth@oc-redcross.org](mailto:youth@oc-redcross.org) to get more information.

**Time Commitment:** Varies with each project

**Children’s Bureau**
[www.all4kids.org](http://www.all4kids.org)

**Contact Person:** Wendy Brown  
Phone: 714-517-1900 x201

**Minimum age requirement:** 16  
**Adult Supervision Required:** No

**Groups:** Yes  
**Min/Max Size:** Varies

**Opportunities Available:** Clerical, group parties, events, and clean up projects. We are a youth resource center that tries to recruit youth volunteers for other organizations.

**Additional Information:** Many different sites throughout Orange County.

**Time Commitment:** None
Earth Resource Foundation
www.earthresource.org
Contact Person: Candice Wells Phone: 949-645-5163
info@earthresource.org
Minimum Age: None Adult Supervision Required: Under 14 only
Groups: Yes Min/Max Size: Up to 200
Volunteer Opportunities Include: Beach, street, Creek clean ups, and native plant restoration activities, general office help, and school green and recycling projects.
Time Commitment: None

Paint Your Heart Out
www.pyho.org
Contact Person: Debbie Schultz Phone: 714-970-1150
debbie@pyho.org
Minimum age: 14 years Adult Supervision Required: Yes under 14
Groups: Yes Min/Max Size: varies
Volunteer Opportunities Include: Assist with adult teams in painting homes (prepping, priming, painting), yard cleanup, and landscaping.
Time Commitment: Requires 2 consecutive ½ days on Saturdays

THINK Together
www.thinktogether.org
Contact Person: Tom Linnert Phone: 714-543-3807 x8142
tlinnert@thinktogether.org
Minimum Age: 14 Adult Supervision Required: No
Groups: Yes Min/Max Size: Up to 50
Volunteer Opportunities Include: Dependent on activity, includes homework help and reading assistance.
Time Commitment: None
Additional Information: Mandatory volunteer orientation, background check and TB clearance.
ANAHEIM

Anaheim Family YMCA  
www.anaheimymca.org  
Contact Person: Norma Ruiz  
atanos@anaheimymca.org  
Minimum Age: 14  
Groups: Yes  
Adult Supervision Required: Yes up to 16  
Min/Max Size: Varies  
Volunteer Opportunities Include: Help with the following programs: academic mentor, Team Go, classroom volunteer, enrichment and special projects, Anaheim Achieves one time school visits, Anaheim Achieves, academic mentor. These programs operate out of 46 Anaheim sites. They focus on helping children with homework, educational games, sports, enrichment, recreational activities, storytelling, reading, literacy programs and academic mentoring.  
Time Commitment: Volunteer hours vary depending upon the program.  
Additional Information: Fingerprints, TB test, mandatory volunteer orientation and training.

Anaheim Interfaith Shelter  
www.projectlinus.org  
Contact Person: Ruth Shone  
rmshone@csu.fullerton.edu  
Minimum Age: 10 years  
Groups: Yes  
Adult Supervision Required: Depends on age  
Min/Max Size: 20 - 30  
Volunteer Opportunities Include: Making homemade blankets for seriously ill or traumatized children, ages 0-18.  
Time Commitment: None

Project Linus  
www.projectlinus.org  
Contact Person: Cappy Brown  
Phone: (714) 774-8502  
Minimum Age: 8 years  
Groups: Yes  
Adult Supervision Required: Depends on age  
Min/Max Size: None  
Volunteer Opportunities Include making homemade blankets for seriously ill or traumatized children ages 0-18.  
Time Commitment: None

BREA

Carbon Canyon Regional Park  
www.ocparks.com  
Contact Person: Joanne Taylor  
joanne.taylor@ocpark.com  
Minimum Age: 15 years  
Groups: Yes  
Adult Supervision Required: Yes  
Min/Max Size: None  
Volunteer Opportunities Include: Trail maintenance, brush clearing, planting, bulletin board.  
Time Commitment: None
BUENA PARK

**Giving Children Hope**  
*http://www.gchope.org/*  
**Contact Person:** Drew Bryson  
*dbryson@godaid.org*  
**Phone:** 714.523.4454 x116  
**Minimum Age:** 13  
**Groups:** Yes  
**Volunteer Opportunities Include:** warehouse work, packing food bags, organization duties  
**Time Commitment:** None

COSTA MESA

**Girls Inc. of Orange County**  
*www.girlsinc-oc.org*  
**Contact Person:** Amanda McMahon  
*r schneider@girslinc-oc.org*  
**Phone:** 949-646-7181 x315  
**Minimum Age:** Must be High School students  
**Groups:** Yes  
**Volunteer Opportunities Include:** Working with National development programs; after school programs; work with 5-18 (activities). Main facility is in Costa Mesa but there are facilities in many cities throughout Orange County.  
**Time Commitment:** 12 week commitment.

**Project Cuddle**  
*www.projectcuddle.org*  
**Contact Person:** Julie Ann Sherry  
*info@projectcuddle.org*  
**Phone:** 714-432-9681  
**Minimum Age:** None  
**Groups:** Yes  
**Volunteer Opportunities Include:** Office work, passing out brochures, doing mock baby showers.  
**Time Commitment:** None

**Project Linus**  
*www.projectlinus.org*  
**Contact Person:** Patty Krause  
*cdmbeach@aol.com*  
**Phone:** 949-723-4656  
**Minimum age:** 8  
**Groups:** Yes  
**Volunteer Opportunities Include:** Making homemade blankets for seriously ill or traumatized children ages 0-18. Can possibly travel to you to pick up blankets.  
**Time Commitment:** None
**Serving People In Need (SPIN)**

[www.spinoc.org](http://www.spinoc.org)

**Contact Person:** Kim Frazier  
**Phone:** 714-751-1101 x19  
**kimf@spinoc.org**

**Minimum Age:** None  
**Groups:** Yes  
**Min/Max Size:** Up to 15

**Volunteer Opportunities Include:** Help in the office and teach life-skills classes. Volunteer groups are needed to help with special projects including preparing meals for the homeless, food drives, hygiene drives, clothing drives and adopting families for the holidays, internships are available.

**Time Commitment:** None

*Interested in Service Learning*

**Someone Cares Soup Kitchen**

[shannonscsk@aol.com](mailto:shannonscsk@aol.com)

**Contact Person:** Shannon Santos x200  
**or:** Allie Weaver x201  
**Phone:** 949-548-8861

**Minimum Age:** 15 years  
**Groups:** Yes  
**Min/Max Size:** Up to 10

**Volunteer Opportunities Include:** Serving and preparing meals and organizing food supplies.

**Time Commitment:** Monday-Friday 9am-5pm, Saturday and Sunday 7:30-12pm

**Working Wardrobes For A New Start**

[www.workingwardrobes.org](http://www.workingwardrobes.org)

**Contact Person:** Susie Tuttle  
**or:** SusieT@workingwardrobes.org  
**Phone:** 714-210-2460

**Minimum Age:** varies on event  
**Accepts Groups:** Yes  
**Min/Max Size:** 15 to 20 max

**Volunteer Opportunities Include:** Office duties, work at receiving, sorting and tagging donations of men, women, and teen clothing, gift bag items, and preparing the donations for distribution to clients at the retail store front or the donation center, events.

**Additional Information:** School group leaders and parents welcome to assist High School participants.

**Time Commitment:** None
DANA POINT

Ocean Institute
www.ocean-institute.org
Contact Person: Linda Blanchard
volunteers@ocean-institute.org
Minimum Age: 14
Accepts Groups: No
Volunteer Opportunities Include: An orientation is given the first Wednesday of the month from 3:30-5:30 pm and the second Saturday of the month from 9:00–11:00 am. We have a wide variety of jobs including assisting in our gift shop, teaching people about our ocean animals, protecting the tide pools, and tall ship maintenance.
Time Commitment: 60-80 hours (6 to 12 months) 2 hr. mandatory orientation.

Phone: 949-496-2274 x221

Adult Supervision Required: No
Min/Max Size: None

FOUNTAIN VALLEY

Boys And Girls Clubs of Huntington Valley
www.bgchv.com
Contact Person: Gricel
dputman@bgchv.com
Minimum Age: 16
Groups: Yes
Volunteer Opportunities Include: Interacting and working with children in the areas of educational assistance and public safety. Activities with kids.
Additional Information: Volunteers must become a Boys and Girls Club member which requires a $15 fee and must purchase a volunteer shirt for $9. All volunteers meet with the program’s unit director for a 30-minute orientation.
Time Commitment: 4 hours

Phone: 714-531-2582

Adult Supervision Required: No
Min/Max Size: Call for more info
FULLERTON

Fullerton Family YMCA
www.ymcaoc.org/locations/fitness-facilities/fullerton-family-ymca

Contact Person: Nick Chesire
ncheshire@ymcaoc.org

Phone: 714-879-9622

Minimum age: 16 years
Adult Supervision Required: Varies
Groups: Yes
Min/Max Size: Up to 20

Volunteer Opportunities Include: Help with office and facility duties, photocopying, preparing mailings, and washing towels. Special event volunteers help with the Golf Tournament, Healthy Kids Day, Crab Feast and other seasonal events.

Additional Information: General volunteers are required to undergo drug screening and fingerprinting.
Time Commitment: None

GARDEN GROVE

Acacia Adult Day Services
www.acacia-services.org

Contact Person: Debbie Kaiser
twhite@acacia-services.org

Phone: 714-530-1566

Minimum age: None
Adult Supervision Required: Depends on age
Accepts Groups: Yes
Min/Max Size: Up to 6-8

Volunteer Opportunities Include: Helping with activities such as Bingo and arts and crafts for frail, elderly or disabled adults, people with Alzheimer’s and developmental disabilities. Serve meals and snacks and talk with elderly people on a 1:1 basis. Look for musicians to help.

Time Commitment: We do have episodic volunteers. To volunteer on a regular basis, the volunteer would have to go through the application process and complete a TB test.

COMMUNITY DAY PRESCHOOL

Contact Person: Sue Puisis

Phone: 714-539-2911

Minimum age: 16
Adult Supervision Required: No
Groups: Yes
Min/Max Size: Call for more info

Volunteer Opportunities Include: play with the children, games, computer work, tutoring. Groups, paint, clean up, projects, helping in classroom, teacher’s aid

Additional Information: TB test. Strict dress code.
Time Commitment: None
**Hemopet/Pet Life Line**  
[www.hemopet.org](http://www.hemopet.org)  
**Contact Person:** Karen Stalk  
[hemopet@hotmail.com](mailto:hemopet@hotmail.com)  
**Phone:** 714-891-2022 x22  
**Minimum age:** 14  
**Adult Supervision Required:** 15 yrs. and younger must be accompanied by an adult.  
**Groups:** Yes (prearranged)  
**Min/Max Size:** Varies  
**Volunteer Opportunities Include:** take care of dogs, walk dogs, clean up kennels  
**Additional Information:** 18 years and younger require parental consent. Closed toe shoes (tennis shoes preferred), long pants  
**Time Commitment:** N/A

**Community Action Partnership of Orange County Food Bank (CAPOC)**  
[http://www.capoc.org](http://www.capoc.org)  
**Contact Person:** Andre Gaithe  
[agaithe@capoc.org](mailto:agaithe@capoc.org)  
**Phone:** 714-897-6670, x 3493  
**Minimum age:** under 16 requires adult supervision  
**Adult Supervision Required:** Under 16  
**Groups:** Yes  
**Min/Max Size:** min. 5/max 80  
**Volunteer Opportunities Include:** Volunteers work side-by-side packing food boxes that are distributed to the hungry in Orange County. Volunteer opportunities are available on Saturdays. Office work and internships available, can work day to day.  
**Additional Information:** Warehouse volunteers should wear comfortable clothing and **closed-toed shoes are mandatory.**  
**Time Commitment:** Volunteers are required to stay for the entire 2 hour shift.
HUNTINGTON BEACH

Oak View Community Collaborative  
Contact Person: Michele Essex  
Phone: 714-842-4002  
oakviewfrc@gmail.com  
Minimum Age: None  
Adult Supervision Required: Not for teens  
Groups: Yes  
Min/Max Size: Up to 30  
Volunteer Opportunities Include: Working with children as a tutor, camp counselor, teacher’s aid, assisting with clerical duties, shelving books, help with library programs, interpreting (Spanish/English) and participating in special events.  
Additional Information: Oak View is a fun place for youth volunteers because they know they are making a difference in the lives of low-income immigrant families served by the agency. Bilingual (Spanish/English) speakers are a plus, but not required for most programs. Commitment varies from one hour per week to several hours per day depending upon the program.  
Time Commitment: None.

IRVINE

American Heart Association  
www.heart.org  
Contact Person: Eileen Hawley  
Phone: 949-856-1522  
Eileen.Hawley@heart.org  
Minimum age: 18  
Adult Supervision Required: No  
Groups: Yes  
Min/Max Size: Depends on activity  
Volunteer Opportunities Include: Front desk duties, administrative tasks, mailings, computer work, packets, maybe cleaning for special events  
Time Commitment: Flexible, call ahead, 10 hrs at most per week

Alzheimer’s Association Of Orange County  
www.alzoc.org/oc  
Contact Person: Brent Deines  
Phone: 949-955-9000, 3728  
bdeines@alz.org  
Minimum age: Varies  
Adult Supervision Required: No (if over 16)  
Groups: Yes  
Min/Max Size: No maximum group size  
Volunteer Opportunities Include: Youth Outreach Volunteers, Memory Walk Volunteers and Participants, Office Volunteers, Development Volunteers, accept high school groups.  
Time Commitment: None
**Families Forward**
www.families-forward.org

- **Contact Person:** Marissa Kosbab  
- **Phone:** 949-552-2727
- **Minimum age:** 14  
- **Adult Supervision Required:** Varies
- **Groups:** No  
- **Min/Max Size:** Call for more info

**Volunteer Opportunities Include:** Food warehouse sorting, organizing and bagging food for families Monday through Thursday mornings. Help in our storage warehouse, picking up donations and food drives. Summer is a good time to work for students. Special events depending on the time of year.

**Additional Information:** If interested in volunteering, please complete online volunteer form.

**Time Commitment:** None

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**Kids Who Care Foundation**
www.kidswhocareclub.org

- **Contact Person:** Anisha Shukla  
  Kidswhocareclub@yahoo.com
- **Phone:** 949-233-0568
- **Minimum age:** 4  
- **Adult Supervision Required:** Depends
- **Groups:** Yes  
- **Min/Max Size:** No

**Volunteer Opportunities Include:** Available all over Orange County. Volunteers under the age of 18 can help either individually or with their group, to help cheer up critically ill children in the hospital by helping out with our smile pack program, and the traveling variety show. Other volunteer opportunities are also posted on our website. Currently we are looking for volunteers to help with fundraising events, grant writing and administrative work.

**Time Commitment:** None

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**National Multiple Sclerosis Society**
www.mspacific.org

- **Contact Person:** Linda Ingram  
  Linda.ingram@mspacific.org
- **Phone:** 760-448-8416
- **Minimum age:** 10 (for events)  
- **Adult Supervision Required:** Yes
- **Groups:** Yes  
- **Min/Max Size:** Call for more info.

**Volunteer Opportunities Include:** Special events in April and October

**Time Commitment:** None.
**Pediatric Cancer Research Foundation**  
[www.pcrf-kids.org](http://www.pcrf-kids.org)  
**Contact Person:** PCRF Office Manager  
[admin@pcrf-kids.org](mailto:admin@pcrf-kids.org)  
**Phone:** 949-859-6312

**Minimum age:** 10  
**Groups:** Yes  
**Adult Supervision Required:** Under 16  
**Min/Max Size:** None

**Volunteer Opportunities Include:** Event based opportunities throughout the year: Run/Walk in Spring, Golf in late Summer, and Auction in the Fall. Each event has pre-event opportunities and day of volunteer opportunities. There are several other opportunities for smaller events and for light office work.

**Additional Information:** Please call the office for specific details. Normal office hours are 8:30 am to 5 pm.

**PCRF is a very small team, volunteers are essential to accomplishing our mission of raising funds to improve the care, quality of life and survival rate of children with malignant disease.**

**Time Commitment:** Varies per task and event.

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**Second Harvest Food Bank of Orange County**  
[www.feedoc.org](http://www.feedoc.org)  
**Contact Person:** Christine Montevideo  
[christine@feedoc.org](mailto:christine@feedoc.org)  
**Phone:** 949-653-2900 x 166

**Contact Person:** Lisa Nordholm  
[christine@feedoc.org](mailto:christine@feedoc.org)  
**Phone:** 949-653-2900 x 169

**Minimum age:** 14 (under 14 can harvest)  
**Groups:** Yes  
**Adult Supervision Required:** Under 16  
**Min/Max Size:** Up to 25

**Volunteer Opportunities Include:** Food labeling and sorting for distribution to needy families. Harvesting programs are also available which involves planting, weeding, and picking produce in our fields. Available for kids of all ages.

**Time Commitment:** Volunteers must call ahead to schedule a date and time frame. Shifts are 2-3 hours

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**Shadetree Partnership, Inc.**  
[www.shadetreepartnership.org](http://www.shadetreepartnership.org)  
**Contact Person:** Thomas Bonkowski  
[bonkowsk@irwd.com](mailto:bonkowsk@irwd.com)  
**Phone:** 949-453-5312

**Minimum age:** 8 – 16  
**Groups:** call for more info  
**Adult Supervision Required:** Yes under 16  
**Min/Max Size:** None

**Volunteer Opportunities Include:** Shadetree Nursery is a 5.5-acre volunteer nursery consisting of 7,000+ trees and 2,000 shrubs/groundcover. Volunteers can water, weed, stake trees, prune and trim trees, fertilize, replant trees and seedlings, take inventory and perform general nursery functions. Closed toe shoes are required for all volunteers.

**Additional Information:** The Shadetree Nursery is located on the UCI campus (call for directions). There is a slight slope where the trees are irrigated. Special needs volunteers may find the location challenging.

**Time Commitment:** Two to five hours. Weekdays and occasional weekends available. Available hours are between 7:30a.m. and 3:00p.m.
LADERA RANCH

Laura’s House
www.laurashouse.org
Contact Person: Melanie Galloway Phone: 949-361-3775, 210
mgalloway@laurashouse.org
Minimum age: 16 Adult Supervision Required: No
Groups: Small Groups Min/Max Size: 4/8
Volunteer Opportunities Include: Special Events and the Resale Store.
Additional Information: All volunteers must attend a volunteer orientation before volunteering.
Time Commitment: Orientations are held monthly and potential volunteers can sign up here: http://www.laurashouse.org/volunteer-opportunities.html.

NEWPORT BEACH

Environmental Nature Center (Enc)
www.ENCenter.org
Contact Person: Lori Whalen Phone: 949-645-8489
lori@encenter.org
Minimum age: All Adult Supervision Required: Under 14
Groups: Yes Min/Max Size: 20
Volunteer Opportunities Include: Grounds maintenance, gardening, office duties, craft projects, assistance with special events. Scouts can earn merit badges and complete Eagle & Gold projects.
Time Commitment: Schedules will vary depending upon volunteer project. There is a minimum one-hour time commitment. Student volunteer shifts can be scheduled Wednesday 1:00 until 5 p.m. and on Saturdays between 8:30a.m. – 12:30p.m.

Juvenile Diabetes Research Foundation
www.jdrfoc.org
Contact Person: Melissa Soderbloom Phone: 949-553-0363
ltlubell@jdrf.org
Minimum age: None Adult Supervision Required: Yes for certain ages
Groups: Yes Min/Max Size: Up to 10 volunteers
Volunteer Opportunities Include: General office tasks such as envelope stuffing, packet collating, etc. and participation in special events.
Additional Information: There are always volunteer opportunities available. Please call Melissa for details.
Time Commitment: Flexible schedules are available.
Newport Bay Conservancy
http://newportbay.org
Contact Person: Jeanne Stein
jeanne.stein@newportbay.org
Phone: (949) 923-2296
Minimum age: 15
Groups: Yes
Adult Supervision Required: groups larger than 5
Min/Max Size: Up to 10 members
Volunteer Opportunities Include: Native plant restorative, invasive plant removal, landscaping, environment programs, school programs, maintenance and facilities help. Hands-on habitat restoration activities are a great opportunity for the public to be involved in a meaningful way here at the Bay without making any long-term volunteer commitment. Service learning hours are available and groups are welcome. Restoration events take place on either a Saturday or Sunday morning year-round. During the rainy season, native plants are planted. At other times of the year the activities are more maintenance oriented, and include removal of non-native plants and temporary watering of the new natives. Participants are also taught why these activities are so important to the long-term protection of the Bay.

Community-based restoration activities are planned by the Upper Newport Bay Restoration Team facilitated by organized by the Newport Bay Conservancy (NBC), and organized by the California Coastal Commission, OC Parks and the Orange County Chapter of the Society of Conservation Biology (OCSCB) with the support of NBC Naturalists.

Time Commitment: Flexible schedules are available.

ORANGE

Child Abuse Prevention Center
www.brightfutures4kids.org
Contact Person: Kim Tran
KTran@brightfutures4kids.org
Phone: 714-955-6585
Minimum age: 16
Groups: Yes
Adult Supervision Required: For under 16
Min/Max Size: Up to 10 members
Volunteer Opportunities Include: Work events, clerical work and working in a warehouse.
Time Commitment: None

Orange County Ronald McDonald House
www.ronaldhouseoc.org
Contact Person: Ruth Wu
rwul@ronaldhouseoc.org
Phone: 714.516.3664
Minimum age: 14
Groups: Yes
Adult Supervision Required: Yes under 17
Min/Max Size: Max of 12
Volunteer Opportunities Include: Opportunities include baking, mopping, vacuuming and dusting. Volunteers also help with sorting donations, stocking the pantry and storerooms, changing light bulbs and vacuum cleaning bags, taking out the trash and cleaning out the refrigerator. Occasionally there are opportunities to help with clerical duties and fundraising events.
Time Commitment: Individuals must commit to one 4-hour shift per month for a one year period.
**Orange Police Department Volunteer Program**

*www.cityoforange.org*

**Contact Person:** Deborah Klein  
**Phone:** 714-744-7328  
**volunteers@orangepd.org**

**Minimum age:** 13 years  
**Adult Supervision Required:** Yes, at check in  
**Groups:** No  
**Min/Max Size:**

**Volunteer Opportunities Include:** Y.A.N.A. (You Are Not Alone) Program Y.A.N.A. is designed to provide a measure of security and well-being for elderly people with a visit from Police Department Volunteers. This may be the only contact a person has with others. The Volunteers offer critical support by linking them with appropriate resources and services.

**Time Commitment:** None

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**Rehabilitation Institute of Southern California**

*www.rio-rehab.com*

**Contact Person:** Grace Lee  
**Phone:** 714-633-7400 x 204  
**grace@rio-rehab.com**

**Minimum age:** 16  
**Groups:** Yes  
**Min/Max Size:** Up to 6 members  
**Adult Supervision Required:** Yes

**Volunteer Opportunities Include:** Office work. Looking over the kids at the day care

**Time Commitment:** Office hours 7am-3:30 pm, Child program 7:00am-6pm.

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**YWCA of Central Orange County**

*www.ywcacentraloc.com*

**Contact Person:** Sue Olemstead  
**Phone:** 714-633-4950 x3  
**Minimum age:** 15 years  
**Groups:** Yes  
**Min/Max Size:** Varies  
**Adult Supervision Required:** No

**Volunteer Opportunities Include:** Helping with transitional house for foster girls, organize clothes for women searching for new jobs, sorting products for purse project.

**Time Commitment:** None

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**PLACENTIA**

**F.A.C.E.S. aka Family Assessment Counseling and Education Services**

*www.facescal.org*

**Contact Person:** Marisol Ferrer  
**Phone:** 714-993-2237, 176  
**mferrera@cal.org**

**Minimum age:** 16  
**Groups:** Yes – for specific projects  
**Min/Max Size:** up to 10  
**Adult Supervision Required:** No

**Volunteer Opportunities Include:** Data entry, answering outreach phone calls, file, clean up, event planning and internships available.

**Time Commitment:** Depends on duty
H.I.S. House  
www.hishouseplacentia.org  
Contact Person: Teri Niebuhr  
teri.hishouse@gmail.com  
Phone: 714-993-5774  
Minimum age: Adult supervision under 15 1/2  
Adult Supervision Required: under 15 1/2  
Groups: Yes  
Min/Max Size: 10 -15 members  
Volunteer Opportunities Include: Child care, homework club, special projects, i.e. Easter egg hunt, holiday gift wrapping, painting  
Additional Information:  H.I.S. House is a six-month transitional shelter for families, singles and couples. Youth from infants to 18 years of age (with their parents) are housed at the facility.  
Time Commitment: None

SAN JUAN CAPISTRANO

Great Opportunities  
Contact Person: David Groos  
info@greatoppps.org  
Phone:714-299-0912  
Minimum age of volunteers: 16  
Adult Supervision required: Under 16  
Groups: Yes  
Min/Max Size: 8  
Volunteer Opportunities Include: To assist participants in activities. Volunteers must be able to be in direct sunlight. Volunteers must be willing to enter ocean water and be able to be in water not touching bottom.  
Time Commitment: None

SANTA ANA

Blind Childrens Learning Center  
www.blindkids.org  
Contact Person: Carrie Smith  
carrie.smith@blindkids.org  
Phone: 714-573-8888, x4112  
Minimum age: 14  
14-15 year olds (with Adult Supervision)  
16-17 year olds (with Parent Consent Form)  
Groups: Any age (Adult supervision under 16)  
Min/Max Size: Call for more info.  
Volunteer Opportunities Include: Classroom assistance, after school care assistance, adopt a classroom, help with special events, provide childcare for special events, office support and support for fund raising events.  
Additional Information: No matter how you spend your time with us, we guarantee that you will be touched by the love and accomplishments of the children you work with!  
Time commitment: Ongoing Volunteers: Minimum of 1 hour a week
**Leukemia And Lymphoma Society**

[www.lls.org](http://www.lls.org)

**Contact Person:** Grace Hinojoza  
**Phone:** 714-481-5600  
**Gracehinojoza@lls.org**

**Minimum age:** 16  
**Groups:** Yes  
**Adult Supervision Required:** Under 18  
**Min/Max Size:** Call for more info.

**Volunteer Opportunities Include:** Office work: mailings, Events: set up, run event, registration

**Time Commitment:** None

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**Latino Health Access**

[www.latinohealthaccess.org](http://www.latinohealthaccess.org)

**Contact Person:** Rosy DePrado  
**Phone:** 714-542-7792, x1081  
**rdeprado@latinohealthaccess.org**

**Minimum age:** Any age  
**Groups:** Yes  
**Adult Supervision Required:** Under 15  
**Min/Max Size:** No

**Volunteer Opportunities Include:** Childhood obesity prevention program, help with fun physical activities, and work with obese children in organized sports. Call for days and times.

**Time Commitment:** None, prefer at least two days

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**Mercy House**

[www.mercyhouse.net](http://www.mercyhouse.net)

**Contact person:** Marissa Norys  
**Phone:** 714-836-7188, x112  
**marissan@mercyhouse.net**

**Minimum age:** Varies  
**Groups:** Yes  
**Adult Supervision Required:** Dependent on opportunity  
**Min/Max Size:** Max 25

**Volunteer Opportunities Include:** Volunteers can help at the Family Shelter with set-up, clean-up, passing out meals, and donations. We also need food donations and collection, volunteers can donate hygiene kits, bag lunches, collect blankets, decorate for the holidays, entertain residents, help plan and host holiday parties and barbeques by providing the food and beverages. There is also an annual AIDS Walk in May where volunteers can help with fundraising within their school and community and walk with Mercy House.

**Additional Information:** Tutoring and play time: Mondays and Wednesdays in Buena Park; Tuesday and Thursdays in Tustin.

**Time Commitment:** Varies

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**The Raise Foundation**

[www.theraisefoundation.org](http://www.theraisefoundation.org)

**Contact Person:** Kelsea Kanahele  
**Phone:** 949-757-3635 x4 or x121  
**Kelsea@theraisefoundation.org**

**Minimum age:** 13  
**Groups:** Yes  
**Adult Supervision Required:** Yes  
**Min/Max Size:** Depends on activity

**Volunteer Opportunities Include:** Fundraising events throughout the year.

**Time Commitment:** Flexible
**Southwest Community Center**  
www.swcommunitycenter.org  
Contact Person: Jessie Allen  
swsmeda@aol.com  
Minimum age: 12  
Groups: Yes  
Volunteer Opportunities Include: Help serve meals, pack groceries and mailings.  
Time Commitment: 2 hours

**THINK Together**  
www.thinktogether.org  
Contact Person: Malia Mikaelian  
mmikaelian@thinktogether.org  
Minimum age: 14  
Groups: Yes  
Description of Volunteer Opportunities: Volunteers will help our After School program by assisting our students with homework tutoring, academic enrichment, and physical activities.  
Additional Information: Mandatory orientation, background check, and TB clearance.  
Time Commitment: None

**SEAL BEACH**  
Save Our Beach  
Contact Person: Kim  
kim@saveourbeach.org  
Minimum age: none  
Groups: Yes  
Description of Volunteer Opportunities: Beach clean-ups, green programs, environment education, sustainability projects  
Time Commitment: None

**SILVERADO CANYON**  
Inside the Outdoors  
ito.ocde.us/home.htm  
Contact Person: Kim Casey  
kcasey@ocde.us  
Minimum age: none  
Groups: Yes  
Description of Volunteer Opportunities: Native plant restoration, environmental programs.  
Time Commitment: None
TUSTIN

Orange County Rescue Mission
www.resucemission.org
Contact Person: Christina Wollin
Phone: 714-247-4300
Minimum age: 13
Groups: Yes
Min/Max Size: Individuals or groups up to 25
(one adult per group)
Volunteer Opportunities Include: Group maintenance and landscaping tasks, Child Development Center assistants, Kitchen interns.
Additional Information: For youth under 13 we have many opportunities for urgent needs drives and projects that can be completed off site (assembling hygiene kits, making welcome baskets, sponsoring food or diaper drives, etc). Volunteers must wear close-toed shoes (no sandals or flip-flops) and have all long hair pulled back. Please wear appropriate, modest clothing (nothing with derogatory images or words) while volunteering.
Time commitment: Varies and depends on project

WESTMINSTER/MIDWAY CITY

American Family Housing
www.afhusa.org
Contact Person: Cortney Lutkus
Phone: 714-897-3221 x110
clutkus@afhusa.org
Minimum age: 15 yrs/for children’s program
Groups: Yes
Min/Max Size: 7-10 members
Volunteer Opportunities Include: Children activities play with kids, events, office help, sort food
Time commitment: None; Kids program 3 months

Other Helpful Websites

www.volunteercenter.org
www.idealist.org
www.kids-who-care.org
www.servenet.org
www.volunteermatch.org